

PoeTaree People

So, where do you start when you begin to write?

Well at first I sit down and just begin to write notes, whatever that may be. Sometimes it's in outline form and other times its character notes then again it could be pictures if I am writings a children's book like Molly's Mental Health: Love Me Too. None the less, what is important is to get the thoughts and ideas down on paper.

Out of all of your five books you mention Molly's Mental Health: Love Me Too, your children's book that benefits the National Alliance for Mental Illness first. Is that because it holds some special significance?

Yes, well all of my titles are important and if someone wants to get the full picture they must purchase and read (or rather consume) the whole collection. But I like mentioning Molly's Mental Health because it reminds me that the writing process in general is so healthy mentally. It really is very therapeutic. Like for instance when I journal or wrote the Autobiography of Aerle Taree: Originally of Arrested Development I could finally start to reach out to all of the wonderful people in the pages that blessed my life.

Let's talk about CoCo: The Girl your first novel and the first book on the list. When did you know that you were going to write this book? What was the pivotal point?

When I had the first half of the book's storyline outlined in my mind. I just knew that I had to get it down. This was my dream life, my story to be. Sandra or CoCo as her friends and I like to call her is a dynamic woman and represents the lifestyle

of so many of us professional women out there.

What is your first love? I digress!

I really truly love to write. I am on a quest to learn everything about its various aspects and forms.

Favorite color?

Purple. It always has been for it is the most spiritual hue. In school at Oglethorpe University I was a Humanities with a focus on Art major which meant that I took all of the studio art classes that the school's art department offers. I just love the freedom to express myself and any point.

Tell me about PoeTaree: The Jurisprudence of Life in your own words.

It is a masterpiece. I simply love that book. It was written in the cafés of Europe while on tour. The eighth chapter is my favorite. I like to see what is on people's minds. This book is a spiritual journey. I like to think of me as another Sonia Sanchez, you know rhythmic and spiritual all at the same time.